

Parenting Resource Guide for Cumberland, Dauphin and Perry Counties

**Created by CONTACT Helpline,
as a Community Service
for
Home Visitation Stakeholders Committee
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This resource guide has been published for the Home Visitation Stakeholders Committee by CONTACT Helpline.

CONTACT has sought to make this guide as accurate as possible and is not responsible for any errors or omissions in this guide.

This handbook allows users to quickly navigate through the resources available to consumers and is not intended to be a comprehensive guide. Please call 2-1-1, 24 hours a day, 7 days a week for more information on health and human services or visit our website at <https://pa211.communityos.org>.

Please note that information is listed by the name of the agency with programs second. Phone numbers could be for the main agency, but most are specific to the

CONTACT Helpline provides active listening, health and human services information and referral services for Adams, Cumberland, Dauphin, Franklin, Fulton, Huntingdon, Mifflin, Juniata, Lancaster, Perry and York Counties.

24 hours a day / 7 days a week

**For Health and Human Services Information and Referral
Dial 2-1-1**

<https://pa211.communityos.org>

For Active Listening Dial
1-800-932-4616 or
717-652-4987

Dauphin County



CONTACT
Helpline
Dial 211



Program Partner

Table of Contents

Agencies that Provide Parenting Services in Cumberland, Dauphin and Perry Counties

ASD: Autism Spectrum Disorder	Page 1
Bethany Christian Services	
Bethesda Mission Women and Children's Shelter	
Bair Foundation	
Capital Area Intermediate Unit (C.A.I.U.)	
ELECT/EFI Program	
Preschool Program	
Capital Area Head Start	
Catholic Charities	
Lourdeshouse Maternity Home	
Adoption and Foster Care	
Childhood Lead Poisoning Prevention Program	Page 2
Connect Helpline for State/National Programs	
Diakon Family Life Services of the Capital Region	
Family Promise Harrisburg Capital Region	
Family Support of Central PA	
Hamilton Health Center	
Baby Love	
Healthy Start	
Highmark Caring Place	Page 3
Jewish Family Services of Greater Harrisburg	
MOPS: Mothers of Preschoolers	
Morning Star Pregnancy Center	
NHS of Pennsylvania	
Nurse Family Partnership	Page 4
Office for Dispute Resolution	
PA Family Support Alliance	
Parents and Children Together (PACT)	
Parent to Parent of Pennsylvania	
Parentworks of Pressley Ridge	
Penbrook Learning Center	Page 5
Pennsylvania Adoption Exchange	
Pennsylvania Department of Health	
Breastfeeding Information	
Healthy Baby Line	
Healthy Kids	
Pennsylvania Department of Human Services	
Child Care Information Services: Parent Recourse and Referral Services	
TANF	
Pennsylvania State Resource Family Association	Page 6
Pennsylvania Family Support Alliance	
Planned Parenthood Keystone	
Solais, Inc.	
The Compassionate Friends	
Tri County Community Action	
United Cerebral Palsy of Central PA	
Visiting Nurses Association	Page 7
Wounded Parent	

Agencies that Serve Cumberland County Only

Army Community Service Carlisle Barracks	Page 8
Caregivers Support Group	
Carlisle Family Life Center	
Carlisle Regional Medical Center	
Evening Mom and Baby Group	
Mom and Newborn Group	
Cumberland Cares	
Cumberland County Children and Youth	
Cumberland County Domestic Relations	
Cumberland/Perry Early Intervention	Page 9
Employment Skills Center	
Family Care for Children and Youth	
Head Start	
YWCA Carlisle	

Agencies that Serve Dauphin County Only

Dauphin County Domestic Relations	Page 10
Dauphin County Early Intervention	
Dauphin County Social Services Children and Youth	
Harrisburg School District ELECT	
Hempfield Behavioral Health	
Life Esteem	
Neighborhood Center	
Salvation Army Citadel Corps	Page 11
Samara	
The ARC of Dauphin County	
Tri County Community Action	
YWCA of Greater Harrisburg	

Agencies that Serve Perry County Only

Cumberland/Perry Early Intervention	Page 12
Perry County Family Center	
Child Car Seat Loaner Program	
Parenting Classes	
Pregnant and Parenting Teen Program	
Perry Human Services	
The ARC of Cumberland and Perry Counties	

Home Visitation Referral Guides for Cumberland, Dauphin and Perry Counties

Agencies and Programs that Serve Cumberland, Dauphin and Perry County Residents

ASD Hope - Autism Spectrum Disorder Help Options and Parent Empowerment

Main: 717-732-8400

E-mail and Voice Mail Helpline; Parent Contacts available; Parent information booklet; Parent Chats and Empowerment Workshops - Topics include: new to diagnosis, gluten-free and/or casein-free diet, supplemental therapies, etc.

Bethany Christian Services

Main: 717-238-3549

Website: www.bethany.org

Safe Family

A crisis respite service that provides families who are in a crisis with a temporary home/family to care for their children while the parents work through the crisis at hand.

Bethesda Mission Women and Children's Shelter

Main: 717-257-4447

Website: www.bethesdamission.org

Provides food, clothing, and shelter. Extended stay includes participation in Bible study, parenting and budget counseling, adult education, job and housing search. Provides long-term programming geared at recovery from substance abuse.

Bair Foundation

Main: 717-985-6450

Website: www.bair.org

Emergency and long-term placement in foster homes with parent of a Christian background; training of prospective care parents is provided.

Capital Area Intermediate Unit (C.A.I.U.)

Main: 717-732-8400 ext. 8383

Website: www.caiu.org

ELECT/EFI Program

We provide support services to pregnant and/or parenting students who are attending High School, Cyber School, or working on their GED. We promote resiliency and wellness as we meet students at home, in school, and in the community, all year long.

Preschool Programs

We provide developmental assessments and early intervention services for eligible children in the areas of communication, behavior skills, motor skills, and general development.

Capital Area Head Start

Main: 717-541-1795

Carlisle: 717-258-5559

Website: www.keystonehumanservices.org/capital-area-head-start

Capital Area Head Start provides services for pregnant women and children from birth to five years of age.

Catholic Charities

Main: 717-412-4865

Website: www.cchbg.org

Lourdeshouse Maternity Home

Offers housing and services to pregnant women who are struggling with making responsible decisions for themselves and their babies.

Specialized Adoption and Foster Care

Main: 717-564-7115

The Specialized Foster Care staff shares responsibility with the Adoption Services staff for matching and supporting available families with children in need. A foster family willing to be available for a special needs adoption is called a "Resource Family".

Childhood Lead Poisoning Prevention Program

Main: 717-772-2762

Website: www.portal.state.pa.us

Provide blood-lead screening, medical referral, education for parents and other in the community, environmental inspection to identify the source of lead hazards to a child with lead poisoning.

Connect Helpline for State/National Programs

Main: 1-800-692-7288

Nationwide referral helpline that directs parents to their county early intervention office.

Diakon Family Life Services Capital Region

Main: 717-795-0330

Website: www.diakon.org

This support group for foster and adoptive parents is facilitated by Faye Hall MA. Many of the parents have foster and adoptive children who have experienced early trauma from neglect, abuse and abandonment. These children are at-risk for mental health treatment, involvement with juvenile justice system and out of home placement. The group's focus is to empower parents with knowledge, resources and empathy. The group welcomes professionals' attendance to aid in understanding the dynamics of parenting these children.

Family Promise Harrisburg Capital Region

Main: 717-737-1100

Website: familypromisehcr.org

Case-management for families (parent[s] with children) dealing with homelessness. Families live at host congregations for one week at a time and rotate around to twelve different churches in the area that provide shelter, three free meals a day, and often provide evening activities and fellowship for the guests. Each day, families are transported to the Day Center by the FPHCR bus where families can do laundry, shower and get ready for school or work. Parents who are not working stay at the Day Center and work on job and housing searches. Each family meets weekly with a staff member at FPHCR for case-management.

Family Support of Central PA

Main: 800-984-9923

Website: www.familysupportcentralpa.org

Kinship Care/Grandparents Together

Parenting support group for any Grandparent / kinship care provider who is the primary or secondary care giver for a minor child. The program includes FREE childcare and is professionally facilitated.

Parents with Teens

Parenting support group led by professionals providing encouragement, educational tips, appropriate discipline, and coping skills for parents who are overwhelmed.

Hamilton Health Center

Main: 866-530-2229

Website: www.harrisburgbabylove.com

Baby Love Program

Intensive case management for pregnant women and women and men with children ages 0-5 who reside in Dauphin County and have a history or current use of substance abuse. Participant must be willing to participate in some form of treatment.

Greater Harrisburg Healthy Start

Main: 717-920-9908

Website: www.hamiltonhealthcenter.com

Services provided include case management, maternal depression screening, family planning, outreach and education for pregnant or have a child under 24 months women.

Highmark Caring Place

Main: 717-302-8411

Website: www.highmarkcaringplace.com

Bereavement counseling for children with support for the family.

Jewish Family Services of Greater Harrisburg

Main: 717-233-1681

Website: www.ifsofhhbg.org

Center for Separated and Divorced Families

Provides parent consultation; divorce evaluation; individual, couple, child and family counseling; and support groups for persons and families affected by divorce.

MOPS: Mothers of Preschoolers

Website: www.mops.org

Group for mothers of preschool children to share advice and support. Provides a setting for support, rest and instruction for mothers of children aged birth to six years. Mothers share support and information while children are in a supervised "day care setting".

Local Locations:**Susquehanna Valley Evangelical Free Church**

Main: 717-545-2188

West Shore Evangelical Free Church

Main: 717-697-0226

Christ Community Church

Main: 717-761-2933

Carlisle Evangelical Church

Main: 717-243-6001

New Buffalo Alliance

Main: 717-843-4893

Morning Star Pregnancy Center

Main: 717-901-2799

Website: www.morningstarchoices.com

Morning Star Pregnancy Services in Harrisburg, New Cumberland and Middletown are dedicated to providing compassionate care and practical assistance to women, men and teens unprepared for pregnancy.

NHS of Pennsylvania, Capital Region

Main: 717-238-7357

Website: www.nhsonline.org

TFC/FCP Foster Parents

Therapeutic Family Care (TFC) and Foster Care Plus (FCP) provide children who have serious emotional and behavioral health challenges with the opportunity to receive essential services in the context of family life.

Nurse Family Partnership

Main: 717-960-4323 or 1-866-723-5377 for Cumberland and Perry Counties

Main: 717-782-2335 for Dauphin County

Website: www.nursefamilypartnership.org

Nurse-Family Partnership helps transform the lives of first-time moms and their babies. Through ongoing home visits from registered nurses, low-income, first-time moms receive the care and support they need to have a healthy pregnancy, provide responsible and competent care for their children, and become more economically self-sufficient. From pregnancy until the child turns two years old, Nurse-Family Partnership Nurse Home Visitors form a much-needed, trusting relationship with the first-time moms, instilling confidence and empowering them to achieve a better life for their children and themselves.

Office for Dispute Resolution

Main: 717-541-4960

Website: www.odr-pa.org/

Office for Dispute Resolution administers the mediation and due process procedures available for special education disputes. Evaluation Conciliation Conference (ECC) is a new service to assist parties in resolving disputes at the earliest possible time.

Parents and Children Together (PACT), part of Penn State University Healthy Child Development Center

Main: 717-232-2092

Various research projects involving parents and children.

Parent to Parent of Pennsylvania

Main: 717-540-4722

Website: www.parenttoparent.org

Parent to Parent Pennsylvania is the largest mentoring program in the state for families who have children or adults with disabilities or special needs. We match families together on a one-to-one basis with a Peer Supporter for purposes of emotional support and information. Parents and/or family members find great support from another parent or family member who has experienced the joys and challenges of parenting a child who has a disability or special need. Parent to Parent provides the kind of support that probably cannot come from any other resource.

Parent to Parent of PA can match for physical disabilities, developmental disabilities, special health care needs, behavioral/mental health concerns, foster care or adoption and educational issues. Please note: list is not inclusive.

Support Groups: Help parents or family members locate support group that meet their needs.

Technical Assistance: Provide technical assistance to local support and mentor groups.

ParentWorks Program of Pressley Ridge

Main: 717-239-8118

Website: www.pressleyridge.com

The ParentWorks Program of Pressley Ridge provides support and education for parents in Cumberland, Dauphin and Lebanon counties. Parent educators work with families in their home on goals established by the family. Through a variety of teaching tools, parents learn how to improve their parenting style, improve their children's lives and strengthen their family. Parent educators typically meet with parents for one hour once a week. Children may be any age and there is no charge to the family.

Penbrook United Church of Christ

Main: 717-236-5275

Website: www.penbrookucc.org

Penbrook Learning Center

A childcare program for children 6 months through 5 years of age.

Pennsylvania Adoption Exchange

Main: 800-227-0225

Website: www.adoptpakids.org

Pennsylvania Adoption Exchange (PAE) provides the following services to children, families and agencies:

Matching and Referral: Families registered with PAE are identified using a computer database with children identified to meet their interest. Families and agencies are notified about the suggested matches through the referral process. **Child Photo Listing Book:** This book contains the same children as those featured on our website. The book is available in more than 300 adoption agencies and libraries throughout the nation. **Recruitment:** The recruitment of prospective families for our waiting children is a fundamental mission. PAE participates in many activities to connect waiting children with interested families including outreach, training and referral. **Information and Referral:** PAE acts as a clearinghouse for information about the many aspects of adoption, including the adoption process, financial assistance, contacting birth parents, and managing the Adoption Medical History Registry. If we cannot answer your questions, you will be referred to another source for information.

Pennsylvania Department of Health

Main: 800-986-2229

Website: www.portal.health.state.pa.us

Breastfeeding Information

Information on breast feeding.

Healthy Baby Line

Information about infant health.

Healthy Kids

Main: 800-986-5437

Information about kids' health.

Pennsylvania Department of Human Services

Main: 717-233-8454

Website: <http://www.dhs.state.pa.us/findfacilsandlocs/childcareinformationservices/index.htm>

Child Care Information Services (CCIS)

Provides personalized child care referrals to child care providers based on your specific needs or preferences. Provides an online directory of child care providers.

Parent Resource and Referral Service

Main: 717-243-4014

Resource and referrals available about licensed/ registered childcare providers in a variety of settings, including center-based, group and family day care. Available to any economic level.

Child Care Works

Main: 1-800-269-0173

Provides child care subsidy for children up to age 13 in care setting chosen by parents.

Temporary Assistance for Needy Families (TANF)

Main: 800-692-7462

Website: <http://www.dpw.state.pa.us/foradults/cashassistance/tanfandmovingtoindependence/index.htm>

The TANF program provides money to help: Pregnant women; Dependent children and their parents who live with them; Dependent children and other relatives who live with them and care for them.

Pennsylvania State Resource Family Association

Main: 717-671-0102

Website: <http://psrfa.org>

Information and referral, legislative advocacy and training for families caring for foster, adoptive or kinship children. Also raises funds to provide extras and scholarships for foster children and children adopted from foster care.

Pennsylvania Family Support Alliance

Main: 717-238-0937 or 800-448-4906

Website: www.pa-fsa.org

Provides education and support services for parents as well as training programs on child abuse and neglect for child care providers and other mandated reporters of child abuse. When parents call our toll-free line we refer them to a program in their community, and we often mail parents copies of our parenting brochures (if they choose to give a name and address). Groups or classes are not held at our office.

Planned Parenthood Harrisburg Medical Center

Main: 717-234-2468

Website: www.planitpa.org

Medical Center Services offered: birth control, emergency contraception, pregnancy testing, abortion care, STD testing and treatment, HIV testing, GYN exam, and male medical services.

Solais Inc.

Main: 717-939-0531

Parenting Groups

Sponsors support group for parents

The Compassionate Friends

Main: 717-761-8048

Website: www.TCFCamphill.org

The Compassionate Friends is a national non-profit, self-help support organization offering friendship and understanding to families grieving the death of a child of any age, from any cause. There is no religious affiliation. There are no membership fees or dues. Bereaved parents, grandparents and siblings 18 and older are welcome.

Tri County Community Action

Main: 717.232-9757

Website: www.cactricounty.org

Our Family Center is designed to provide guidance and support to families of all configurations and life circumstances, including teen parents. Parents as Teachers is the curriculum offered during home visits with children birth to kindergarten and their families. The goal is to support families to develop parenting skills, enhance communication, school readiness and household management. In addition, BUILDING YOUR FAMILY is offered; a five week classroom program that teaches parents to identify daily family problems and the communication skills needed to solve and prevent them. A FATHERHOOD program is a twelve (12) week program that encourages fathers to play a more active role in raising their children. This program supports dads and expecting dads to strengthen family ties, fathering skills, personal development, financial literacy, work readiness and communication.

United Cerebral Palsy Central PA

Main: 717-975-0611

Website: www.ucpcentralpa.org

Family Support Services

Family support services for families and parents of children with disabilities. Also provides a lending library of over 450 videos and books. Library is open Monday-Friday, 7:30 am-5:00 pm.

Visiting Nurses of Central Pennsylvania

Main: 717-233-1035 for Dauphin County

Main: 717-582-3855 for Cumberland and Perry Counties

Website: www.vnacentralpa.org

Maternal Child Health Program

Assists women who are pregnant or mothers with newborns. Provides parent education, physical and child development information.

Wounded Parent

Main: 717-737-6560

Location: Christian Life Assembly

This group is designed for parents who are struggling with children in homosexuality. Through information sharing and a caring fellowship, you can find personal and spiritual renewal. Confidentiality is a high priority.

Agencies and Programs that Serve Cumberland County Residents Only

Army Community Service Carlisle Barracks

Main: 717-245-3775

Family Advocacy Program

Preventive education and training in parenting skills, stress management, child abuse; assistance for those using military counseling services such as abused women shelters, preventive services, community education, community resources, and services for children and families.

Caregivers Support Group

Main: 717-766-8880

Website: www.mechanicsburgCOB.org

Location: Mechanicsburg Church of the Brethren

A safe haven for caregivers to share concerns and receive encouragement and support.

Carlisle Area Family Life Center

Main: 717-243-6544

Childbirth and Parenting Education.

Carlisle Regional Medical Center

Main: 717-249-1212

Website: www.carlislermc.com

Evening Mom and Baby Group

Perfect for working Moms! Bring your baby aged newborn to crawling to this discussion group for information on growth and development; play and learning; feeding; and much more! You will also be able to interact with other moms and babies. A Parent Educator will lead the group sessions and answer questions.

Mom and New Born

Main: 717-960-3409

Bring your baby aged newborn to 5 months to this discussion group for information on growth and development; play and learning; feeding; and much more! You will also be able to interact with other moms and babies. A Parent Educator will lead the group sessions and answer questions.

Cumberland Cares

Main: 717-240-6110

Cumberland Cares for Families

This home visitation program provides support, information and/or referral services to pregnant women & parents with children through age 5 and specializes in modeling good parenting techniques and effective discipline practices; child & parent advocacy; educating parents on child growth and development; and working towards family sustainability.

Cumberland County Children and Youth

Main: 717-240-6120

Screening; information and referral; investigation of abuse or neglect; advocacy; filing of court petitions; crisis counseling, and training in parenting skills.

Cumberland County Domestic Relations

Main: 717-240-6225

Provides assistance to custodial parent in obtaining child/family/spousal support, child care or health care assistance from absentee parent. Also provides genetic testing for determining paternity. Does not handle custody issues or protection.

Cumberland/Perry Early Intervention

Main: 717-240-6320

Website: <http://www.ccpa.net/index.aspx?nid=3808>

This service is provided to families of children birth to age three who have concerns with their child's development. There are no fees for this program. Services are provided in the child's natural environments and follow a parent education model to help families learn how to address their child's developmental needs.

Employment Skills Center

Main: 717-243-6040

Website: www.employmentskillscenter.org

A network of parents who support and encourage positive change to strengthen their family relationships. Concerns are discussed in a caring, non-judgmental manner. Free support, education, communication and parenting skills

Family Care for Children and Youth

Main: 717-695-6773

Website: www.fccy.org

Family Care for Children and Youth –Camp Hill- Independent Living

Family Care for Children and Youth's Preparation for Independent Living program is a tool used to assist foster parents in preparing young adults to live on their own. Utilizing the tools from the Casey Life Skills web-based system, FCCY has developed a program of continuous evaluation and planning, with a strong emphasis on the role of the foster parent. The Preparation for Independent Living Program is designed for young people age 15 and older and has key program components in what we call the "Cycle of Success".

Head Start

Main: 717-243-2319

Location: St. Paul Evangelical Lutheran Church Carlisle

Head start program.

YWCA Carlisle

Main: 717-243-3818

Website: www.ywcacarlisle.org

Separation and Divorce Support Group

Support group for adults who are going through or have been through separation and/or divorce.

Agencies and Programs that Serve Dauphin County Residents Only

Dauphin County Domestic Relations

Main: 717-255-2796

Website: www.dauphincounty.org

Location of absent parents; establishment of paternity for children born out of wedlock; establishment and enforcement of court orders; payment processing of court ordered support; and public assistance referral.

Dauphin County Early Intervention

Main: 717-441-7034

We provide children from birth to age three with disabilities or developmental delays with services to help promote their development so they are successful in any early education setting. Services may include parent education, developmental therapies and other support services.

Dauphin County Social Services Children and Youth

Main: 717-780-7200

Website: www.dauphincounty.org

Dauphin County Social Services for Children and Youth is a public agency dedicated to the health, safety and general welfare of children and families. We work collaboratively with families and community resources to develop and implement plans that promote well-being and safety. We are committed to providing best practice intervention and prevention services to meet our mandate of assuring children are protected from harm or danger.

Harrisburg School District ELECT

Main: 717-703-4000

Website: www.hbgasd.k12.pa.us

Harrisburg residents enrolled in public school, Cyber School, alternative school, or GED program.

Hempfield Behavioral Health Inc

Main: 717-221-8004

Multisystemic Therapy (MST)

Family based services.

Life Esteem

Main: 717-608-2302

Website: www.lifeesteem.org

Celebrating and Strengthening Families

The Celebrating Families!™ curriculum is an evidence based cognitive behavioral, support group model written for families in which one or both parents have a serious problem with alcohol or other drugs and in which there is a high risk for domestic violence, child abuse, or neglect. Celebrating Families!™ works with every member of the family, from ages 3 through adult, to strengthen recovery from alcohol and/or other drugs, break the cycle of addiction and increase successful family reunification.

Neighborhood Center of the United Methodist Church

Main: 717-233-6541

Young Mothers Together

Support group with education and social development program.

Salvation Army Citadel Corps

Main: 717-233-6755

Website: www.salvationarmy_harrisburg.org

Spiritual Enrichment

Dinner and small group offered on a 6-week rotating basis covering a variety of topics which include, but are not limited to: Marriage enrichment, parenting, self-defense, Bible study, overcoming addiction, Alpha (introduction to the Christian Faith) minor child. The program includes FREE childcare and is professionally facilitated.

Samara: The Center for Individual and Family Growth

Main: 717-367-9252

Website: www.samarafamily.org

Intensive Parenting Program

Curriculum based parenting program designed to strengthen families. The program is intensive and the approach is relational and experiential.

The ARC of Dauphin County

Main: 717-920-2727

Website: www.arcofdc.org

Parents teaching Parents

Open-ended support group with topics chosen by parents.

Tri County Community Action

Main: [717-232-9757](tel:717-232-9757)

Website: www.cactricounty.org

Family Center for Dauphin County

Family services, education programs, wellness visits, group socialization, child screening to children up to age 5 in the home and no income requirements. Home visitation focused on parenting education, child development screening, positive parenting, child safety, discipline, household management and school readiness for children prenatal to kindergarten age. Additional services include: Building Your Family group parenting educational workshops; Strengthening Families 10-14 group family educational workshops; 24/7 Dad Fatherhood programming; and Man to Man Fatherhood support group. No income requirements for any programming. Must live in Dauphin County.

YWCA Greater Harrisburg

Main: 717-234-7931

Visitation Center

Monitored exchange, semi-supervised and supervised visitation programs for non-custodial parents and their children. Semi-supervised and supervised visitations generally last 1-2 hours and occur 1-3 times a week. The frequency and duration of visits for any particular family may be determined by a judge, by stipulation between the parents' attorneys, parental agreement, or any other referral agency.

Agencies and Programs that Serve Perry County Residents Only

Cumberland/Perry Early Intervention

Main: 717-240-6320

Website: <http://www.ccpa.net/index.aspx?nid=3808>

This service is provided to families of children birth to age three who have concerns with their child's development. There are no fees for this program. Services are provided in the child's natural environments and follow a parent education model to help families learn how to address their child's developmental needs.

Perry County Family Center

Main: 717-582-4949

Website: <http://pcfamilycenter.org>

Provides family home visits by certified parents as teachers family educators (restricted to Perry County only), periodic child development screenings, socialization time/workshops for children and their families at various sites, toy and resource lending library.

Car Seats Loaner Program

Main: 717-582-3656

Car seats available for loan (5 lbs to 100 lbs). Infant, convertible and booster seats are available. Shelley Dreyer-Aurila is a certified car seat technician. Free car seat inspections

Parenting Classes

Main: 717-582-3656

Seven sessions on discipline, families, budgeting, emotions, rules, etc.

Pregnant and Parenting Teen Program

Main: 717-582-3656

Workshops are in collaboration with the Elect Program. The Family Center staff will present hands-on workshops for the pregnant and/or parenting teens during the year.

Perry Human Services

Main: 717-582-8703

Website: www.perryhumanservices.org

Parent/Family Support Group

Support group for parents and family member affected by a loved one's substance abuse.

The ARC of Cumberland and Perry Counties

Main: 717-957-3503

Early Education Center of Perry County

Infant care; before and after school care; child day care with preschool format including art, cognitive skills, language learning, physical, social, and self-help skills.

Cumberland County Early Childhood Visitation Referral

Contact Information	Criteria	Services Offered	Child's Age
Nurse Family Partnership 717-960-4323	Cumberland County Low income AND Pregnant with 1 st baby Nurse-Family Partnerships is a free program for low income women who are having their 1 st baby. Once enrolled at or before 28 weeks of pregnancy, a registered nurse will visit the home throughout the woman's pregnancy and continue to visit until the baby is 2 years old. First time, low income mothers Registered by 28 weeks of pregnancy	• Teach parenting skills & family goal setting • Build networks of support • Home safety education • Referrals for health care, child care, job training and other services • Health assessment and teaching for mother and baby	Less than 28 weeks gestation
Maternal Child Health Program Visiting Nurse Association of Central PA 717-233-1035	Pregnant or mothers and newborns Homebound youth under age 18	• Parent education • Physical health and child development information	Prenatal/Postpartum 0 to 18 years
Capital Area Early Head Start (Keystone Service Systems Inc.) 717-541-1795	City of Carlisle Pregnant or have a child under age 3 Priority to children who are homeless, in foster care or have a disability	• Home-based Programming • Child development, health, nutrition, special services and social services supports	Prenatal/0 to age 3
Capital Area Head Start (Keystone Service Systems Inc.) 717-541-1795	Cumberland County Low income OR Special Needs or Homeless	• Center-based Programming • Child development, health, nutrition, special services and social services supports	Ages 3 to 5 years
Cumberland Cares for Families 717-243-0275	Cumberland County Low income At least one child age 5 or under This is a free program to families who qualify for any form of county assistance. A social worker certified in family development visits in-home and assists the family with setting and attaining their chosen goals.	• In-home, child development and parenting support/skill building • Referral and advocacy with other agencies • Build support networks for self-sufficiency • Hands-on help with child behavior and discipline issues • Frequency/length of visits and duration of program involvement varies with parental need and family directed goals	Ages 0 to 5 years
ELECT/EFI Program at Capital Area Intermediate Unit (CAIU) 717-732-8400 ext. 8383	Male or female students attending high school, cyber school or working on their GED who are pregnant and/or parenting.	• Weekly visits to school to meet with clients to provide both support and education • Work with school officials to assist clients to maintain their academic track to graduation • Introduce countless community resources • Promote self-sufficiency beyond school, helping clients set and achieve personal goals	Age 22 years and under

For concerns about a child's development from birth to 3, refer to Early Intervention Services
717-240-6320



Dauphin County Early Childhood Visitation Referral



Contact Information	Criteria	Services Offered	Child's Age
Nurse Family Partnership (Pinnacle Health) 717-782-2335	Nurse-Family Partnerships is a free program for low income women who are having their 1 st baby. Once enrolled at or before 28 weeks of pregnancy, a registered nurse will visit the home throughout the woman's pregnancy and continue to visit until the baby is 2 years old. First time, low income mothers Registered by 28 weeks of pregnancy	• Teach parenting skills & family goal setting • Build networks of support • Home safety education • Referrals for health care, child care, job training and other services • Health assessment and teaching for mother and baby	Prenatal – less than 28 weeks gestation
Maternal Child Health Program Visiting Nurse Association of Central PA 717-233-1035	Pregnant or mothers and newborns Homebound youth under age 18	• Parent education • Physical health and child development information	Prenatal/Postpartum 0 to 18 years
Greater Harrisburg Healthy Start at the Hamilton Health Center 717-909-1278	Serving Harrisburg, Steelton, Highspire, and Middletown residents Free Program Pregnant or have child under 24 months Program provides in-home education to women and their families regarding physical, mental, and social well-being; school-based case management also available to provide education on healthy decision-making to females ages 10 and older in local school districts.	• Assessments to determine primary needs related to safety as well as physical, social and mental health • Curriculum to preconception, pregnant, and parenting females • Screenings for depression, intimate partner violence, and child development • Family planning, birth spacing, reproductive health • Engaging fathers and father figures in how to best support pregnant females and mothers of children 0-24 months • Identifying and building on participant strengths	Prenatal 0 to age 2; Females ages 10 and older enrolled in public education system in Harrisburg, Steelton, Highspire, and Middletown
Baby Love 1-866-530-BABY (2229)	Live in Dauphin County AND Pregnant or have a child under age 5 AND Current or recent history of addiction and attended D/A treatment The Baby Love program is a free program for women who are pregnant or have a child under age 5 and are willing to be in drug and alcohol treatment.	• Intensive case management • Life skills education • Educational groups	Prenatal to 5 years
Capital Area Early Head Start (Keystone Service Systems Inc.) 717-541-1795	City of Harrisburg/Steelton Area Pregnant or have a child under age 3 Low income Priority to children who are homeless, in foster care or have a disability	• Home-based Programming • Child development, health, nutrition, special services and social services supports	Prenatal 0 to age 3

For concerns about a child's development from birth to 3, refer to Early Intervention Services
717-232-8761

Contact Information	Criteria	Services Offered	Child's Age
Capital Area Head Start (Keystone Service Systems Inc.) 717-541-1795	City of Harrisburg and Dauphin County Low income Priority to children who are homeless, in foster care or have a disability	• Center-based Programming • Home-based Programming • Child development, health, nutrition, special services and social services supports	Ages 3 to 5
Harrisburg School District ELECT 717-703-4323	Harrisburg City residents enrolled in public school, cyber school, alternative school or GED program	• Case management • Pregnancy prevention • Health Care/Nutrition • Access to child care and transportation • Career planning • Mentoring and tutoring • Effective parenting	0 to age 3
Community Action Commission, Family Center Family Center for Dauphin County (Community Action Commission) 717-232-9757	Have a child prenatal to age 5 in the home No income requirements	• Child Development screenings • Referrals to supportive services • Wellness visits • Group socialization • Education opportunities	0 to age 5
ELECT/EFI Program at Capital Area Intermediate Unit (CAIU) 717-732-8400 ext. 8383	Male or female students attending high school, cyber school or working on their GED who are pregnant and/or parenting.	• Weekly visits to school to meet with clients to provide both support and education • Work with school officials to assist clients to maintain their academic track to graduation • Introduce countless community resources • Promote self-sufficiency beyond school, helping clients set and achieve personal goals	Age 22 years and under
For concerns about a child's development from birth to 3, refer to Early Intervention Services 717-232-8761			

Perry County Early Childhood Visitation Referral

Contact Information	Criteria	Services Offered	Child's Age
Nurse Family Partnership 717-960-4323	Perry County Low income AND Pregnant with 1st baby Nurse-Family Partnerships is a free program for low income women who are having their 1st baby. Once enrolled at or before 28 weeks of pregnancy, a registered nurse will visit the home throughout the woman's pregnancy and continue to visit until the baby is 2 years old. First time, low income mothers Registered by 28 weeks of pregnancy	• Teach parenting skills & family goal setting • Build networks of support • Home safety education • Referrals for health care, child care, job training and other services	Less than 28 weeks gestation
Maternal Child Health Program Visiting Nurse Association of Central PA 717-233-1035	Pregnant or mothers and newborns Homebound youth under age 18	• Parent education • Physical health and child development information	Prenatal/Postpartum 0 to 18 years
Capital Area Head Start (Keystone Service Systems Inc.) 717-541-1795	Perry County Low income Priority to children who are homeless, in foster care or have a disability	• Home-based Programming • Weekly class days • Child development, health, nutrition, special services and social services supports	Ages 3 to 5 years
Perry County Family Center Parents as Teachers 717-582-3656	Perry County Resident No income guidelines Free Program	• Personalized home visits • Information and guidance on parent education, child development, home safety, constructive play & family goal setting • Periodic child developmental screenings • Maternal depression screenings • Referral network • Group socializations	Prenatal/Ages 0 to 5 years
ELECT Program 717-436-2517 ext. 106	Student must be pregnant or parenting, under the age of 22 and enrolled in high school or a GED program	• Case management • Pregnancy prevention • Health Care/Nutrition • Access to child care and transportation • Career planning • Mentoring and tutoring • Effective parenting	Ages 0 to 3 years
For concerns about a child's development from birth to 3, refer to Early Intervention Services 717-240-6320			